

Aikido Hombu Dojo Schedule (Nov 13 2021 ~)

Regular Class · Women's Special Course

Time and Location		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
06 : 30~07 : 30	3F	Regular	Regular	Regular	Regular	Regular	Regular	
08 : 00~09 : 00	3F	Regular	Regular	Regular	Regular	Regular	Regular	
09 : 00~10 : 00	3F							Regular
10 : 30~11 : 30	3F		Women's Special Course			Women's Special Course	Regular	Regular
15 : 00~16 : 00	3F	Regular	Regular	Regular	Regular	Regular	Regular	
17 : 30~18 : 30	3F	Regular	Regular	Regular	Regular	Regular	Regular	
19 : 00~20 : 00	3F	Regular	Regular	Regular	Regular	Regular	Regular	

Beginner's Class · Women's Class · Aikido Academy · Children's Class

Time and Location		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
07 : 00~8 : 00	2F	Beginner	Beginner	Beginner	Beginner	Beginner	Beginner	
09 : 30~10 : 30	2F						Beginner	Children's Class (Junior)
10 : 00~11 : 00	4F							Beginner
10 : 30~11 : 30	2F							Children's Class (Senior)
13 : 45~14 : 45	2F						Children's Class (Junior)	
15 : 00~16 : 00	2F						Children's Class (Senior)	
16 : 00~17 : 00	2F		Children's Class (Junior)			Children's Class (Junior)		
17 : 00~18 : 00	2F		Children's Class (Senior)			Children's Class (Senior)		
17 : 30~18 : 30	4F		Women's Class		Women's Class			
18 : 30~19 : 30	4F	Beginner		Beginner		Beginner	Aikido Academy (Intermediate) ※17:45~19:15 ※2F Dojo	
18 : 45~19 : 45	4F		Beginner		Beginner			
18 : 30~20 : 00	2F	Aikido Academy (Beginner)	Aikido Academy (Advanced)	Aikido Academy (Intermediate)	Aikido Academy (Beginner)	Aikido Academy (Advanced)		